Supplementary field manual, with recording forms, to be used in conjunction with the lichen-based index guide for determining nitrogen air quality

This field manual includes:

- Two field recording forms (Site summary and lichen recording forms) that can be downloaded from http:// www.apis.ac.uk/guide-using-lichen-based-index-assessnitrogen-air-quality
- Lichen recording form to be used in the field to score the presence or absence of lichens on branches and trunks. It lists the nine N-sensitive and eight N-tolerant lichen taxa.
- Worked example of the lichen recording form which illustrates how a recording sheet should look if completed according to instructions described in the guide. Separate forms for recording trunks and branches are included.
- Site summary form, which records site information and a summary of the LIS and NAQI scores.
- Worked example, that can be used to summarise the recorded data on sensitive and tolerant lichens and record important site specific information e.g. grid ref/, altitude, overall impression of site vegetation health).
- Short background synopsis of the research study by Jason Lewis in collaboration with CEH, The Natural History Museum and the University of Nottingham (http:etheses. nottingham.ac.uk/3573) that identified, tested and developed the N air quality index based on epiphytic lichens growing on trunks and branches of oak and birch trees.
- FAQs (Frequently asked questions) which might arise during the field survey.

The fold-out hard copy Lichen Guide can be purchased from the FSC (http://www.field-studies-council.org/publications/ pubs/guide-to-using-a-lichen-based-index-to-nitrogen-airquality.aspx) and a low resolution pdf can be downloaded from the APIS website (http://www.apis.ac.uk/guide-usinglichen-based-index-assess-nitrogen-air-quality).

Lichens as indicators of nitrogen air quality

How and why were the indicator epiphytic species and their host substrate selected?

Epiphytic lichens growing throughout Europe have been shown to be good indicators of nitrogen air quality (Davies et al 2007, van Herk, 1999, Pinho et al. 2011, Wolseley et al. 2006, 2010, Seed at al. 2013). Lewis (2012) identified two functional groups: lichens that are sensitive (N-sensitive) to increasing concentrations of atmospheric N and those that are tolerant (N-tolerant).

Indicator lichens were selected from leafy, bushy and crustose lichen taxa growing on trunks and branches of oak and birch trees (see Figure 1) across Britain at sites where concentrations of atmospheric nitrogen were routinely measured or measured during one year of the study. Commonly occurring lichen species were recorded and evaluated for their response to different forms of atmospheric nitrogen, namely reduced N, dry deposited ammonia gas and oxides of nitrogen. This presence and absence data was used to select lichen taxa that were tolerant of, or sensitive to increasing concentrations of atmospheric nitrogen.

In the context of drawing up a lichen based index that reflects the concentration range of N pollutants present in the local atmosphere indicator lichens needed to be not only tolerant or sensitive but also widely distributed and most importantly, easily identifiable, i.e. a sensitive lichen should not be readily confused with a tolerant lichen. On the basis of such characteristics the list of potential indicator lichens was reduced down to eight N tolerant and nine N sensitive indicators.

Identification of lichens

Indicator lichens can be classified into 3 distinct types: bushy or fruticose lichens that are only attached to the substrate at the base; leafy or foliose lichens that are loosely attached by rootlet like structures called rhizines and crustose or granular lichens that resemble a skin that you cannot remove from the bark (Figures 1and 2).

Figure 1. Branch showing the three different types of lichen (leafy, bushy and crustose).

Indicator lichens

Indicator lichens used in this guide fall into three growth forms:





Branched and shrub-like, attached to the bark at the base. Branches rounded in section or strap-like with a distinct upper and lower surface.



Leaf-like lobes closely or loosely attached to the bark from the lower surface.

3. Crustose or granular lichen



Closely attached to the bark and cannot be removed without cutting the bark

Figure 2. Schematic diagram of the three different types of lichen.

Visible features of indicator lichens that can be used in their identification:

Familiarise yourself with the terms in the glossary, referring to features found in lichens, such as the thallus or the body of the lichen, vegetative propagules, soredia and isidia produced as a mechanism for distributing the photobiont (alga) and fungus together. Fruiting bodies produce the spores of the fungus. The species in this guide may produce cup-shaped (see *Xanthoria*) or elongated (see *Graphis* and *Arthonia*) fruiting bodies. If you have fruiting bodies on your specimen, check that the species and fruiting body match their description and photograph. A brief glossary is provided in the guide and a fuller glossary is available on the web at http://www.nhm.ac.uk/nature-online/life/plantsfungi/lichen-id-guide/glossary.dsml

Chemical tests can be used to help confirm lichen identification

Lichens may contain a great variety of chemical compounds, mainly produced by the fungal partner to protect the algal photobiont from adverse conditions caused by high sunlight, UV or drought. These compounds may be highly coloured as in the bright yellow N-tolerant species of Xanthoria or detected using a simple spot test that produces a distinct colour reaction in some species. If you are unsure of the identity of a species a spot test using household bleach may help. Follow the instructions provided in the guide and make sure that the colour response is correct. Remember that negative reactions are as informative as positive ones.

What the index tells us about pollution levels at a site

Information on gaseous N concentrations was collected at the 29 sites where the lichen species composition was evaluated by Lewis, 2012. The lichen composition was correlated with a range of gaseous pollutant concentrations.

The Field Manual is designed to provide a LIS index as an indicator of nitrogen air quality in a given location. It has been correlated with mean gaseous ammonia (NH_3) and nitrogen dioxide (NO_2) concentration data. A description of N sources can be found on the APIS (air pollution information system) website http://www.apis.ac.uk/overview/pollutants/overview sources.htm

What it doesn't tell us

It was not possible to evaluate wet N deposition (i.e. N in precipitation, cloud or dew) effects by the methods used by Lewis (2012). The indicator species and guide were developed from dry deposition, gaseous atmospheric concentrations alone. Likewise the index does not discriminate between oxides of N and ammonia as both are often present. However, because concentrations of N oxides are less spatially variable except close to local sources their concentrations can be readily obtained from the APIS 'Search by location' tool (http://www.apis.ac.uk/search-by-location).

Why would I want to know about concentrations of gaseous N pollutants at a site?

Conducting the lichen survey following the protocol outlined in the guide and expanded on in this manual will enable you to evaluate the risk from N pollution damage to sensitive vegetation growing at a site. APIS also provides habitatpollutant records that provide more information on impacts (http://www.apis.ac.uk/search-pollutant-impacts).

Together this field manual and guide describe how surveying species/genera of epiphytic lichens growing on oak and birch can be used to estimate gaseous N concentrations in their immediate locality.

The survey

What type of sites can be surveyed?

The survey can be carried out in a wide variety of urban and rural locations with sufficient trees (five or more) within a reasonably confined area (approx 50 m²).

Why are surveys confined to oak and birch trees?

Oak and birch trees were chosen for the development of the N index, as they both have rather acid (low pH c. 3-4) bark compared to tree species such as ash and sycamore which have a higher bark pH with lime trees in between. Bark pH changes in response to atmospheric nitrogen deposition and this affects the lichen communities colonising the bark. In most cases atmospheric nitrogen causes an increase in bark pH and trees with a higher bark pH are more likely to support nitrogen-tolerant species of lichen. Trees with a low bark pH tend to support nitrogen-sensitive lichen species and this index measures the change from a nitrogen sensitive to a nitrogen tolerant lichen community, if there is a change in N pollution. This means that surveying trees that naturally have a higher bark pH is likely to produce different results from those with a low bark pH.

Do I get different results with trunks compared with branches: when and why?

Epiphytic lichens tend to be slow-growing and long-lived so that lichens growing on older trunks may have become established under different atmospheric conditions to those on younger branch bark. Lichens on branches are recent colonisers and thus reflect the present atmospheric conditions. In areas where atmospheric conditions have changed recently the observed lichen species on trunks and branches may be different. Where local atmospheric N concentrations have increased, the LIS score may be lower on the branches than on the trunks where the LIS score may be higher due to the survival of N-sensitive species.

In areas formerly affected by SO_2 (sulphur dioxide) older trunks may continue to have a reduced number of lichens due to the legacy effect. Branches on these trees however, may have grown under a different chemical environment, less influenced by sulphur and are likely to support a different lichen community (Wolseley et al. 2006).

When sampling on branches, the three zones are designed to accommodate substrates of different ages. The zones are designated by distance from the growing tip with zone 1 closest to the trunk. You may also find it easier to sample from zone 1 (the older section) first where lichens are older, larger and easier to identify.

How to survey in the vicinity of a N pollution source (intensive animal husbandry units i.e. poultry, pig, dairy)

The selection of sampling method depends on your objectives. If you want to establish the concentration gradient away from source to your point of interest you can use the transect approach. Alternatively you may want to establish the N concentration at different points around the point source.

If using the transect approach it is important to-

- Establish the prevailing wind direction. The transect should be sited downwind of the point source, with an upwind background site. The distance and location of this background site will be influenced by the proximity of other point sources.
- 2. Identify accessible trees and work out the distances from the pollutant point source prior to sampling.
- Have a greater frequency of sampling locations closer to the point source, as the ammonia concentration decreases exponentially with distance from the N source. Ammonia concentrations can be measured at background levels within c. 250-350 metres from the source.

A useful link is The Simple Calculation of Atmospheric Impact Limits (SCAIL) model http://www.scail.ceh.ac.uk/ which provides a suite of screening tools for assessing the impact from agricultural and combustion sources on seminatural areas.

Tree density and shade

- Lichens grow best in sunny exposed conditions. In highly shaded conditions they tend to be replaced by algae and bryophytes. Preferably the site you want to evaluate should have several exposed standard trees of the same species, with at least some branches that you can reach (Figure 2).
- Avoid sampling damaged trees or trees covered in ivy as both factors alter the bark conditions and also the lichen communities.
- When sampling on branches where possible choose the exposed sunny side of the tree and avoid shaded branches. Choose accessible branches from the same tree species if not accessible from the same tree where you sampled the trunk.
- How many trees should be sampled? A minimum of 5 trees is recommended but surveying 10 trees would be preferable. Sampling more trees reduces the impact of unrepresentative results. Three trees is the absolute minimum needed, but results for birch and oak e.g.3 birch and 2 oak, can be combined without affecting the LIS.

How to record indicator lichens on trunks

- Familiarise yourself with the nitrogen indicator (sensitive and tolerant) lichens, and their characteristic features, illustrated in this guide.
- Locate a 50 x 10 cm area on each of the three aspects of the tree between 1.0 and 1.5 m above ground level.
- Restrict your recording to lichens listed in the guide and included in the downloadable recording forms. Ignore all other lichen species that may be present.
- Fill in the recording form, adding a 1 (present) against each N-sensitive and N-tolerant taxa growing between 1 m and 1.5 m above ground level on each of the three aspects (E, S & W) within the 50 x 10 cm area (Figure 4).



Figure 3. Tree selection and sampling height.



Figure 4. Selection of three aspects, east, south, west but not north.

How to record indicator lichens on branches

- Familiarise yourself with the nitrogen indicator (sensitive and tolerant) lichens, and their characteristic features, illustrated in this the guide.
- Locate the zones along the selected branch.
- Restrict your recording to lichens listed in the guide and included in the downloadable recording forms. Ignore all other lichen species that may be present.
- Fill in the recording form, adding a 1 (present) for N-sensitive and N-tolerant taxa growing in each of the three zones (Figure 5). Once you have identified at least one N-sensitive or N-tolerant.

There is only a requirement to find one N-sensitive and one N-tolerant lichen species for each zone. The presence/ absence of all the listed lichens does not need to be recorded. Even though you have identified a N-sensitive lichen it is necessary to ensure that there are no N-tolerant lichens present.



Figure 5. Three sampling zones along a branch.

Glossary

A glossary of useful terms can be found at http://www.nhm. ac.uk/nature-online/life/plants-fungi/lichen-id-guide/glossary. dsml

Site Summary and Lichen recording forms with completed examples

Instructions for filling in the Site Summary and Lichen recording forms

- Go to the site you want to evaluate for gaseous N concentrations. Check first it is not on limestone http://maps.bgs.ac.uk/soilportal/wmsviewer.html
- Identify five or more oak (Quercus petraea, Q. robur), birch (Betula pendula, B. pubescens) trees or a mixture of the two species in a similar situation, not densely planted, shaded, not ivy-covered or damaged.
- Select five trunks each single-stemmed and >40 cm girth
- Complete site information on Lichen recording forms (Form 1 trunks; Form 2 branches)
- For trunks-record presence or absence of lichens in wide strips (10 x 50 cm) between 1.0 and 1.5 m from the ground, in each of three aspects, East, South and West.
- For branches- If available select 3-5 accessible branches and record zone 1 (100-150 cm back from the tip), zone 2 (50-100 cm), and zone 3 (0-50 cm).
- Record the presence of each species (not abundance) on Lichen recording form (Form 1).
- Transfer data from the lichen recording form to the Site summary form (Form 3).
- You can upload your site summary results to the APIS website by completing the online form at http://www.apis.ac.uk/guide-using-lichen-based-index-assess-nitrogen-air-quality/upload-results. We will be mapping all completed results to gain a picture of lichen and nitrogen interactions across the UK. You can be part of this story by uploading your results too.

Suggested methods for marking a 10 x 50 frame on the tree trunks

- Large map pins could be used. Caution when using these in case of injury.
- A double string with 3 sliding frames between the two strings. The double string 0.5 m apart would be long enough to use on a range of tree trunks (Figure 6).



Figure 6. Stringed frame for identifying the three 10 x 50 cm aspects.

• a plastic 'quadrat' could be made using thick plastic and duct tape.

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Location																_
Trunk	Tree 1	Tree 1	Tree 1	Tree 2	Tree 2	Tree 2	Tree 3	Tree 3	Tree 3	Tree 4	Tree 4	Tree 4	Tree 5	Tree 5	Tree 5	-
aspects	w	S	E	W	S	E	W	S	E	W	S	E	W	S	E	-
N-sensitive												_				
Bryoria fuscescens																
Evernia prunastri																
·		1			1											
Granhis species														1		
										1		1		+	1	
Hypogympia spacios									<u> </u>					+	+	-
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Parmelia species																
Pseudevernia furfuracea																
Sphaerophorus globosus																
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Arthonia radiata																
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Candelariella reflexa										1		1				1
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Lecidella elaeochroma																1
Le cha ena ena ena ena ena ena ena ena ena en																
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Physica auscentients/tenella																-
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Punctelia subrudecta																
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Form 2. Lichen recording form (Branches)

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zones	1	2	3	1	2	3	1	2	3	1	2	3	1	2	3	
N-sensitive																
Bryoria fuscescens																
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Xanthoria polycarpa/ucrainica																-
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I-sensitve count per branch																

Examples of completed Forms 1 &2

Location																
Trunk	Tree 1	Tree 1	Tree 1	Tree 2	Tree 2	Tree 2	Tree 3	Tree 3	Tree 3	Tree 4	Tree 4	Tree 4	Tree 5	Tree 5	Tree 5	
aspects N-sensitive	w	S	E	w	S	E	w	S	E	W	S	E	W	S	E	
Bryoria fuscescens				1												
Evernia prunastri					1	1	1								1	
Graphis species																
Hypogymnia species											1				1	
Ochrolechia androgyna							1				1		1			
Parmelia species	1		1		1						1		1		1	
Pseudevernia furfuracea			1													
Sphaerophorus globosus																
Usnea species			1			1										Total
N-sensitve count per aspect	1	0	1	1	1	1	1	0	0	0	1	0	1	0	1	9
N- tolerant																
Armandinea punctata																
Arthonia radiata																
Candelariella reflexa										1						
Lecidella elaeochroma																
Physcia adscendens/tenella				1			1		1						1	
Punctelia subrudecta																
Xanthoria parientina				1				1	1						1	
Xanthoria polycarpa/ucrainica															1	Total
N-sensitve count per aspect	0	0	0	1	0	0	1	1	1	1	0	0	0	0	1	6
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Location: Branches zones N-sensitive	Branch 1 1	Branch 1 2	Branch 1 3	Branch 2 1	Branch 2 2	Branch 2 3	Branch 3 1	Branch 3 2	Branch 3 3	Branch 4 1	Branch 4 2	Branch 4 3	Branch 5 1	Branch 5 2	Branch 5 3	
Location: Branches zones N-sensitive Bryoria fuscescens	Branch 1	Branch 1 2	Branch 1 3	Branch 2 1	Branch 2 2	Branch 2 3	Branch 3 1	Branch 3 2	Branch 3 3	Branch 4 1	Branch 4 2	Branch 4 3	Branch 5 1	Branch 5 2	Branch 5 3	
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Form 3. Blank Site Summary form

Location						Air Quality
Grid reference/GPS				Altitude m		
i.e. NT 245 678	Delete as necesary			No of trunks surveyed		
Tree type trunk	oak	birch		No of branches surveyed		
Tree type branch	oak	birch				
Trunks	Counts of aspects with N-sensitive lichens		No. of trunks surveyed	Average score per trunk i.e. Count/no. Of trees	LIS (N-sensitve average score minus N-tolerant average score	
Trunks	Counts of aspects with N-tolerant lichens		No. of trunks surveyed	Average score per trunk i.e. Count/no. of trees	NAQI value. Extract from figure 4	
Branches	Counts of zones with N-sensitive lichens		No. of branches surveyed	Average score per branch	LIS (N-sensitve average score minus N-tolerant average score	
Branches	Counts of zone with N-tolerant lichens		No. of branches surveyed	Average score per branch	NAQI value. Extract from figure 4	

You can upload your results to the APIS website by completing the online recording form at http://www.apis. ac.uk/guide-using-lichen-based-index-assess-nitrogen-airquality/upload-results We will be mapping all completed results to gain a picture of the lichen and nitrogen interactions across the UK. You can be part of this story by uploading your results here.

Worked example of Site Summary form (Form 3)

Location									Air Quality
Grid reference/GPS					Altitude m				
i.e. NT 245 678	Delete as necesary				No of trunks surveyed				
Tree type trunk	oak	birch			No of branches surveyed				
Tree type branch	oak	birch							
Trunks	Counts of aspects with N-sensitive lichens	9	No. of trunks surveyed	5	Average score per trunk i.e. Count/no. Of trees	9/5=1.8	LIS (N-sensitve average score minus N-tolerant average score	1.8-1.2=0.6	
Trunks	Counts of aspects with N-tolerant lichens	6	No. of trunks surveyed	5	Average score per trunk i.e. Count/no. of trees	6/5=1.2	NAQI value. Extract from figure 4	1.05	At Risk
Branches	Counts of zones with N-sensitive lichens	10	No. of branches surveyed	5	Average score per branch	10/5=2	LIS (N-sensitve average score minus N-tolerant average score	2-0.6=1.4	
Branches	Counts of zone with N-tolerant lichens	3	No. of branches surveyed	5	Average score per branch	3/5=0.6	NAQI value. Extract from figure 4	0.78	At risk

Interpreting your LIS in terms of exposure to gaseous Nitrogen Compounds

The fitted lines are derived from mean values taken from the UK wide survey. The LIS NAQI relationship for branches should be read from the broken line and for trunks from the solid line.

Sites that are designated as **clean** have an NAQI between 0 and 0.5,

at risk NAQI > 0.5-0.85, N polluted NAQI 0.86-1.25, very N polluted NAQI > 1.25.



The LIS is based on the difference between the presence of N-tolerant and N-sensitive lichens on three aspects of the trunk or zones of the branch. Populate Forms 1 & 2 (worked examples of trunks and branches on page 7) by allocating a score of 1 (presence) for one or more of the listed N-sensitive species. Allocate a score of 0 if N- sensitive species are absent.

- Count the number of aspects on all 5 trees that support tolerant species. i.e. a maximum value of 15 could be obtained if each of the 5 trees supported a tolerant species on each of the three aspects.
- Count the number of aspects on all 5 trees that support sensitive species i.e. a maximum value of 15 could be obtained if each of the 5 trees supported a tolerant species on each of the three aspects.
- Divide the count by the number of trees recorded to obtain an average value for both N-sensitive and N-tolerant lichens.
- Subtract the average for N-tolerant from the average for N-sensitive to obtain a lichen indicator score (LIS).
- Don't forget to upload your Site Summary results to APIS: http://www.apis.ac.uk/guide-using-lichen-based-index-assess-nitrogen-air-quality/upload-results

The NAQI = 2 [NH₃]^0.5 + [NO₂]^0.5 using μ mol,m³

This equation has been derived using modelled and



measured NH_3 concentration data and modelled NO_2 concentration data. It was mathematically derived to be the best fit for the UK NH3 and NO_2 data. NO_2 concentrations show much less local spatial variation than NH_3 concentrations. Thus if you derive the site NAQI and use the site grid reference to look up the NO_2 concentration in APIS (Air Pollution Information System) you can calculate the NH_3

References

concentration by substituting values in the above equation.

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at sites affected by atmospheric ammonia from agricultural sources. - Lichenologist 38(2): 161-176.

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Frequently asked questions

van Herk, CM (1999). Mapping of ammonia pollution with epiphytic lichens in the Netherlands. - Lichenologist 31(1): 9-20.

Can I conduct a survey if no oak or birch trees are present at the site?

No, the relationship between LIS and NAQI was derived from epiphytic lichens growing on these tree species and has not been tested beyond these host substrates. In addition, only birch or oak that exceed 1.5 m tall (are of sufficient age / size to support lichens), do not support ivy, are healthy and not too densely planted are suitable. WHY? because these factors also influence which lichen species grow on the substrate.

How far apart can the individual trees be at a location not obviously impacted by a point source?

If the location is not close to a N point source then the trees could be up to 50 m apart.

How far apart can the individual trees be at a location impacted by a point source?

If using a transect approach, the trees growing at each sampling location must be adjacent to each other (growing in a clump of trees). For sampling locations close to the N source the sample trees should be in close proximity due to ammonia concentrations decreasing exponentially from N source.

Can a mix of oak and birch be used to make up the five trunks or branches surveyed?

Yes. The objective of the survey is to determine the presence or absence of N-sensitive and N-tolerant species and to calculate a LIS. This can be achieved using a combination of oak and birch trunks and branches.

Can I conduct a survey if only a few of the indicator species are present?

Yes. Calculation of the site specific index does not require the presence of all 8 + 9 taxa from the tolerant and sensitive functional groups. Realistically it is more likely that you will only find some or even none of the listed species.

Can a survey still be undertaken if there are not five suitable trees at the selected site?

Yes, but a smaller number can influence your NAQI score and increase level of uncertainty with odd results.

Is it necessary to survey both trunks and branches?

No. Both will give an individual NAQI score but if possible it would be better to survey both, as the lichen present on the trunks may differ from those on the branches.

Will the lichens be the same on trunks and branches?

Not necessarily. Branch lichens are probably more recently colonised and the lichens present provide a more up to date indication of the N pollution climate.

Can other lichen species be used apart from the ones listed in the Field Guide?

No. The research to calculate the NAQI established that these were the most appropriate indicator species to use.

Can a survey be conducted if none of the listed lichen species or taxa are present?

No. The research to calculate the NAQI establish that these were the most appropriate indicator species to use.

Is it necessary to identify to species level?

Only for some species but for example, Parmelia species do not need to be identified to species as both Parmelia sulcata and P. saxatilis are considered to be N-sensitive, so it is sufficient to identify that it is one of the Parmelia's.

Is it correct that only one N-sensitive or one N-tolerant species needs to be present to give a score of 1?

Yes.

If there are several of the lichen species on a trunk or branch the score will still be 1?

Yes. The maximum score is 3 when an indicator is present on 3 aspects of the trunk or 3 zones of the branch.

Fallen branches should not be used for the survey?